

Looking Out the Window

In the mornings when I wake up, I sat on the edge of the bed and look out of the window. One day my husband asked me, "What are you looking at?" I said "nothing." I guess he thought I was a little crazy looking out the window each morning at nothing. But I realized he could not see what I was really doing, sometimes when I sit and look out I 'm observing the things around me, or meditating, or listening to the voice of my God. There is no specific reason behind this except to spend a few quiet and restful moments with the Lord.

In this month of April, we will be observing the crucifixion and resurrection of our Lord and Savior Jesus Christ. A time of restoration to our souls. A time of remembering and knowing that the one who gave His life for us is waiting for you to come and sit at the window. He is telling you to come, meditate and think on the three R's He has placed in your life for such a time as this.

The three R's; Reflect, Rest and Restore:

- **Reflect-** on the goodness of Jesus Christ all that He has done, is doing and will do in our lives. He reminds us in Psalm 84:11- Nothing will you withhold from your children if we only trust and believe in you.
- **Rest-** let all your worries and cares go as you rest in His arms. Give Him more time to comfort and give you peace. 2 Corinthians 12:9 reminds us that His grace is all we need, if we rest in Him, He is our strength and stronghold and no matter what we are going through He will take care of it if we only rest in Him.
- **Restore-** Let Him restore you to the place of peace and contentment. He told us "Come unto me all that labor and are heavy laden and I will give you rest but as He gives you rest just say to Him "Restore me, make me happy as you did when you saved me Lord and I will obey your word.

So, take a moment sometime this month and look out your window and listen as the Lord whispers "Come, I'm here and I will always be here for you, my child."

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